



Discharge Instructions After Oculoplastic Surgery

1. Apply prescribed ointment to sutures three (3) times a day.
2. Apply ice packs to eyelids continuously for the next two days, except when you are sleeping, eating or going to the bathroom.
3. **DO NOT RUB EYELIDS OR INCISIONS!**
4. **DO NOT DO ANY HEAVY LIFTING OR STRENUOUS ACTIVITY FOR ONE WEEK.**
5. **NO ASPIRIN PRODUCTS FOR ONE WEEK AFTER SURGERY.**
6. Resume your pre-operative diet and medications.
7. Sleep with your head on 2-3 pillows for the next few weeks.
8. You may use Extra-Strength Tylenol every 4 hours as needed for pain relief.
9. If you have any questions, please call **Dr. Kellis' office at (440) 285-2020.**