



## Discharge Instructions After Cataract Surgery

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1. Use medications as directed by your physician.
2. Apply the eye shield at night to protect your eye while sleeping for two to three nights after your surgery.
3. DO NOT LIFT ANYTHING HEAVY.
4. DO NOT BEND OVER BELOW THE WAIST.
5. DO NOT VIGOROUSLY BLOW YOUR NOSE.
6. DO NOT RUB OR BUMP YOUR EYE.
7. AVOID ASPIRIN PRODUCTS.
8. RESUME YOUR PRE-OPERATIVE DIET AND MEDICATIONS.
9. If you have any questions, please call **Dr. Kellis' office at (440) 285-2020.**